

Mental Health Board Minutes
San Luis Obispo County
January 19, 2011
3:00 to 5:00pm
2180 Johnson Ave.
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Tyler Brown
Karl Hansen
Jill Heuer
David Odell
Charmaine Quinlan
David Riester
Jim Salio
Vicki Shelby
Mary Lee Waggoner

MEMBERS AND ALTERNATES ABSENT:

Pam Crabaugh
Joyce Heddleson
Lisa Kelley
Kelly Kenitz

MENTAL HEALTH STAFF PRESENT:

Karen Baylor
Jeff Hamm
Brad Sunseri
Judy Vick
Cortney Wagner
Frank Warren

GUESTS

John Byers (*T-MHA/PA/AT*)
Darryl Elliott (*T-MHA/PA/AT*)
Stephan Ponce (*T-MHA/PA/AT*)
Dr. Nisha Abdul Cader - (*Martha's Place*)
Laurie Fenwick (*NAMI*)
Ian Fenwick (*NAMI*)

1. **Meeting** was called to order @ 3:00 pm by David Riester.
2. **Introductions and Announcements:**
 - Laurie Fenwick from NAMI announced the next NAMI meeting will be held Tuesday, January 25th at 7:00pm at the corner of Nipomo and Pismo at St. Stevens Episcopal Church. Please stop by.
 - Darryl Elliott (*T-MHA/PA/AT*) reminded all of the "Journey of Hope 2011" forum being held on Friday, January 28th beginning at 8:30a.m. at the New Life Church at 990 James Way, Pismo Beach. The forum will be on "*Living Mentally Well.*" This is a free forum and is open to the public. Please join us.
 - Darryl Elliott (*T-MHA/PA/AT*) introduced Stephan Ponce as a candidate for the Mental Health Board.
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3. **Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. No comments.
4. **Action Item Re:** November 17, 2010, meeting minutes were reviewed and approved on motion by Mary Lee Waggoner and seconded by Charmaine Quinlan. MSC:
(Waggoner/Quinlan)

5. **Presentation: Martha's Place** – Brad Sunseri, Youth Services Division Manager introduced Cortney Wagner, and Dr. Nisha Abdul Cader, Pediatrician at Martha's Place. They gave a brief overall history of Martha's Place. The County took over the program in July, 2010. Martha's Place assesses and treats children from the ages of 0-5. Along with treatment, client is introduced to occupational therapy, and Theraplay, which is an interaction of play between parent and child. The programs services also include: behavioral, emotional, psychological, cognitive, and social evaluations; medical examinations; mental health therapy; parent education and support groups; family support; occupation therapy/sensory integration and coordination services/case management. It prevents these children from escalating to more serious mental health issues when they are older. Martha's Place receives additional financial and staff support from the First 5 commission and CAP_SLO.
6. **Annual Report** was presented by David Riester. Please read through the report and it will be voted on at the next Mental Health Board meeting, February 16th.
7. **Behavioral Health Administrator; Karen Baylor**
 - Karen informed the board that the contract with the Special Education Local Plan Agency for providing mental health services to special education students was approved by the Board of Supervisors. We are now accepting new referrals. The contract expires June, 2011.
 - Karen reported that all county agencies have posted an annual report on the county website.
 - Frank Warren gave a status report on the MHSA Innovations Plan. The plan has been reviewed by the State Department of Mental Health and the MHSA Oversight Commission and returned for revision. The plan calls for implementation of 11 projects. Four projects were acceptable, four require modification and four were rejected as duplicating existing programs. The plan will be resubmitted and reviewed by the MHSOAC on February 27.
 - Budget: Jeff Hamm gave the board an update on the budget.
 - The State budget proposal calls for a continuation of temporary tax increases for another 5 years, subject to voter approval. The Governor further proposes a \$12B reduction in state spending to deal with the deficit. The transfer of responsibility and funding for services would be transferred from the state to local government (realignment) under the Governor's proposal. We do not anticipate any reductions in services due to the state budget.
 - However, the Health Agency must compile a cut list of 10% of general fund support. Other departments were asked for 5% cuts in their budgets for next year. The budget is due to BOS on February 3, 2011.
 - Jeff provided an update on the 1115 Medicaid Waiver Bridge to Reform and how it would be of financial benefit to the agency on the mental health side, but may not be on the medical care side. Further analysis is required before Jeff can decide whether to voluntarily participate now or wait until 2014.
8. **Action Item: Services Review** – Joyce Heddleson, given by Tyler Brown
 - Tyler updated the new board members on the process they used in planning the Strategic meeting; the responsibilities of the Mental Health Board, then to educate themselves in how the Mental Health system works. The Mental Health Board wants to be able to inform the BOS, as accurately as they can, how they accomplished their "Process of Review and Reporting." There was a motion by

David Odell to review and vote on this document at the February 16th meeting, seconded by Tyler Brown. MSC: (Odell/Brown)

9. **Committee Reports: No reports, presentations ran overtime.**

- Membership Committee
 - Legal Services
 - Adult Services
 - Children's Services
 - Co-occurring Disorders
 - Housing Consortium
 - MH/Criminal Justice Task Force
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- Adjournment was made by Charmaine Quinlan and seconded by David Odell MSC: (Quinlan/Odell)

Next Mental Health Board meeting will be Wednesday, February 16, 3:00pm – 5:00pm on the 2nd floor of the Health Campus.

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